

***PLAN INCLUDES FRESHMAN SUMMER SEMESTER AND PLACEMENT AT MINIMUM MATH 1250 AND COMP 1500**

| Freshman Year | | | | | | | |
|--|-----------|---|----------------------|--|----------|----------------------|----------|
| Fall | | Winter | | Summer | | | |
| Course | Credits | Course | Credits | Course | Credits | | |
| HAWC 1000: Introduction to Coaching | 3 | HAWC 1001: Human Systems and Family Relationships | 3 | CHEM 2400: Organic Chemistry I/Lab | 4 | | |
| HAWC 2003: Ethics of Coaching | 3 | HAWC 1002: Overview of Lifespan Wellness | 3 | | | | |
| UNIV 1000: First Year Seminar | 3 | COMP 1500: College Writing | 3 | | | | |
| MATH 1250: Trigonometry | 3 | BIOL 1500: Biology I/Lab | 4 | | | | |
| CHEM 1300: General Chemistry I/Lab | 4 | CHEM 1310: General Chemistry II/Lab | 4 | | | | |
| Total Credits | 16 | Total Credits | 17 | Total Credits | 4 | | |
| | | | Total Credits | 37 | | | |
| Sophomore Year | | | | | | | |
| Fall | | Winter | | Summer | | | |
| Course | Credits | Course | Credits | Course | Credits | | |
| HAWC 2030: Couple and Family Coaching | 3 | HAWC 2050: Coaching Diverse Populations | 3 | MCAT Medical School Application Process | N/A | | |
| COMP 2000: Advanced College Writing | 3 | HAWC 3007: Solution Focused Coaching | 3 | | | | |
| BIOL 1510: Biology II/Lab | 4 | Social and Behavioral Sciences: PSYC 1020 | 3 | | | | |
| CHEM 2410: Organic Chemistry II/Lab | 4 | CHEM 3650: Biochemistry/Lab | 4 | | | | |
| PHYS 2350: General Physics I/Lab | 4 | PHYS 2360: General Physics II/Lab | 4 | | | | |
| Total Credits | 18 | Total Credits | 17 | | | Total Credits | 0 |
| | | | Total Credits | 72 | | | |
| Junior Year | | | | | | | |
| Fall | | Winter | | Summer | | | |
| Course | Credits | Course | Credits | Course | Credits | | |
| HAWC 3008: Coaching Practicum I | 3 | HAWC 3011: Coaching Practicum II | 3 | | | | |
| HAWC 3033: Grief Coaching | 3 | HAWC 3010: Private Practice of Coaching | 3 | | | | |
| HAWC 3035: Neuroscience and Coaching | 3 | HAWC 4014: Research Methods and Evaluation in Coach | 3 | | | | |
| Open Arts and Humanities PHIL 3180 suggested | 3 | Open Arts and Humanities LITR suggested | 3 | | | | |
| MATH 2020: Applied Statistics | 3 | Social and Behavioral Sciences: SOCL 1020 | 3 | | | | |
| Total Credits | 15 | Total Credits | 15 | | | Total Credits | 0 |
| | | | Total Credits | | | 102 | |
| Senior Year | | | | | | | |
| Fall | | Winter | | Summer | | | |
| Course | Credits | Course | Credits | Course | Credits | | |
| Transition to D.O. Program. *Major Electives completed in D.O. Program | | | | | | | |
| Total Credits | 0 | Total Credits | 0 | Total Credits | 0 | | |
| | | | Total Credits | 102 | | | |
| TOTAL CREDITS: 102 | | | | | | | |