

Rohit Mehra, DO, MPH, MS
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Current Institution:

Nova Southeastern University, Kiran C Patel College of Osteopathic Medicine (7/1/2018-present)
Vice Chair, Department of Osteopathic Principles and Practice (7/1/2018-present)
Founding OPP Fellowship Director, NSU-KPCOM TBR Campus (7/1/2019-present)
Founding Faculty Advisor, American College of Osteopathic Surgeons, TBR Campus (7/1/2019 – present)
Founding Faculty Advisor, American Osteopathic Academy of Sports Medicine, TBR Campus (7/1/2019 – present)
Founding Faculty Advisor, Student Academy of Osteopathy, TBR Campus (7/1/2020 – present)
Faculty Advisor, Howell Academic Society (TBR Campus, NSU-KPCOM, 10/2021-present)

Teaching Activities:

Course Director: OPP I, II, and V (7/1/2019-present), OPP III (2023)
Other Courses: Neurology, MSK, Research Practicum
Extra-Curricular: **Ringside Physician Experience**

Committees:

Policy Committee (7/1/2019-present)
CME Committee (7/1/2019-present, **Chair** since 2022)

Awards:

1st Place, Experimental Research Poster Competition (FAO Conference, January 2023)
-A Review of Osteopathic Treatment in Dysmenorrhea Patients
2nd Place, Case Study Research Poster Competition (FAO Conference, January 2023)
-An Osteopathic Approach to Management of Pelvic Floor Dysfunction
3rd Place, Louisa Burns Research Competition (AAO Convocation, March 2022)
-Osteopathic Manipulative Treatment for Refractory Gastroesophageal Reflux Disease (GERD)
Future of Osteopathic Medicine Award (FOMA, Feb 2021)
-Cranial Osteopathic Manipulation for the Treatment of Partial Empty Sella Syndrome-associated Migraine

Other Activities:

Lead Editor/Consultant, Scholar Rx Osteopathic Bricks Project (2021-present)

Training:

Sports Medicine Fellowship: at Larkin Community Hospital (7/2017-6/2018, Miami, FL)
Chief Fellow, organized the boxing/MMA as well as other coverage events for the fellows
Obtained certification as licensed ringside physician for Florida State Athletic Commission
Presented at annual FOMA conference in Weston, FL (OMT Workshop) in 2/2018

Residency Program: Integrated FM/NMM program at Larkin Community Hospital (7/2013 - 6/2017)
Associate Chief Resident (2015-2016)

Presented at national AOCPMR Conference (ran the resident OMT workshop) in 5/2017 (Hollywood, FL)

Presented at Florida Academy of Osteopathy Conference (Problems of Lower Extremity) in 5/2016 (Bradenton, FL)

Table Trainer for OMT workshops at FOMA Mid-Year Seminars in 9/2015, 9/2016 (Tampa, FL)

Annual Presenter for Larkin Dermatology Program on use of OMT in Dermatology practice, 2014-present

Ringside physician for numerous boxing/MMA events throughout South Florida, 2013-present

DO Program: Nova Southeastern University Class of 2013 (Final GPA = 91.18, graduated 6/2013)

Awarded NSU Clinical Service Award for most outstanding performance in clinical years

2010-2011 **Predoctoral Osteopathic Manipulative Medicine (OMM) Fellow**

Treated patients in NSU OMM Clinic and NSU Sports Medicine Clinic

- Experience in OMM, Western Acupuncture, Prolotherapy

Conducted OMM lab courses for 1st and 2nd year DO students

Received a Pass with Honors for both semesters of fellowship

Research: Association of Biomechanical Changes and Weight Gain Throughout Pregnancy

- Poster presentation made at OMED 2011 (11/2011, Orlando, FL)

2009 **Anatomy Fellow**

Dissected fresh cadavers and taught anatomy to PA, PT, OT, and AA students

NSU Executive Board Positions Held:

Vice President of American Osteopathic Academy of Sports Medicine (2009-2010)

Treasurer of American College of Osteopathic Emergency Physicians (2009-2010)

Founding Treasurer of American Osteopathic College of Physical Medicine & Rehabilitation (2009-2010)

Fundraising Chair of AOASM (2008-2009)

MPH Program: Nova Southeastern University Class of 2013 (Final GPA = 3.89)

MS Program: University of Medicine and Dentistry of New Jersey Class of 2008 (Biomedical Sciences)

- **Research Publication (1st Author):** Mehra R, Londoño D, Sondey M, Lawson C, Cadavid D (2009) Structure-Function Investigation of Vsp Serotypes of the Spirochete *Borrelia hermsii*. PLoS ONE 4(10): e7597.
- Poster presentation at International Lyme Conference (San Francisco, 10/2008)

Undergraduate: Lehigh University (BS Biology, Minor French), **Graduated with Honors** (6/2006)

Other Interests: Owner of NY's Finest Barbershop in Davie, FL (2011-2022)

Former professional DJ (DJ Kamikaze)

Executive Producer of Street Fighter: Genesis Short Film

Avid sports fan

References Available Upon Request