

ELI SHUR, PH.D.

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PROFESSIONAL COACH leveraging interpersonal communication and listening skills to deliver an integrated leadership and management coaching experience for clientele. Dedicated and ambitious instructor proficient at connecting, influencing, and activating personal growth in individuals through difficult conversations. Energetic educator with a proven ability to lead, train, and mentor personnel to deliver quality service. Natural leader adept at identifying gaps in knowledge to continuously improve coaching capabilities.

AREAS OF EXPERTISE

- ✓ *Leadership Coaching*
 - ✓ *Cross-Functional Collaboration*
 - ✓ *Curriculum Design*
 - ✓ *Virtual Education*
 - ✓ *Higher Education*
 - ✓ *Leadership Development*
 - ✓ *Organization Development*
 - ✓ *Executive Coaching*
 - ✓ *Mentor Coaching*
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SELECT ACHIEVEMENTS

- Served as the President of the International Coach Federations (ICF) Columbus Chapter, successfully increasing revenue by 700%, stabilizing budget control, increasing membership by 15%, and streamlining board workflow; additionally, revised communication channels, chapter bylaws, and developed and implemented online training.
 - Continuously pursued continuing education opportunities within professional, health, and wellness coaching, harnessing strategic approaches and tools to instill personal change.
 - Navigated varying personality types and individual objectives, de-escalating situations and providing strategies and alternatives in approaching personal and professional obstacles.
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PROFESSIONAL EXPERIENCE & ACCOMPLISHMENTS

Grand Canyon University (GCU) - Phoenix, AZ **2022 -Present**

Senior Adjunct Professor

- Provided scholarly oversight to doctoral learners in accordance to GCU required dissertation processes and procedures in the area of research methodology.
- Support peer review processes and procedures for doctoral learners to produce quality dissertations.

CoachHub - Centerville, OH **2022 - Present**

Professional Coach

- Applied the latest scientific research to provide personalized development for emerging and established leaders in various European-based companies in order to create lasting behavior change and business transformation. Used evidence-based assessments and strategies to tailor coaching to members' current mindset, unique development goals, and preferred learning styles.

Consciously-Digital - Centerville, OH **2021 - Present**

Professional Mentor Coach

- Provided mentor coaching services in group and one-on-one settings, which included professional assistance to strengthen ICF Core Competencies, build confidence in coaching skills, and achieve and demonstrate the levels of coaching competency and capability demanded by an ICF credential level.

Elemental Coaching & Consulting - Centerville, OH **2013 - Present**

CEO, Professional Coach

- Provided coaching services in the areas of leadership, small businesses, life issues, health and wellness, and mental fitness as a credentialed coach, exploring an all-encompassing approach in

coaching strategies to evaluate personal and professional relationships, workplace dynamics, and life events to deliver systemic, individualized coaching.

- Closely followed coaching codes of ethics and participated extensively in continuing education, harnessing emerging strategies in the field to deliver an exemplary experience to clientele.
- Navigated varying personality types and individual objectives, de-escalating situations and providing strategies and alternatives in approaching personal and professional obstacles.
- Coached middle management professionals, providing customized approaches and tactics in navigating high-pressure environments and exerting team leadership.

BetterUp – Centerville, OH

2021 – 2022

Professional Coach

- Applied the latest scientific research to provide personalized development for emerging and established leaders in various Silicon Valley companies in order to create lasting behavior change and business transformation. Used evidence-based assessments and strategies to tailor coaching to members' current mindset, unique development goals, and preferred learning styles.

Progressive Expert Consulting – Syracuse, NY

2012 – 2013

Online Language & Culture Educator

- Delivered language and cultural training for select members of the US Air Force, in addition to the development and implementation of all curriculum for the program.
- Navigated a fast-paced, high-energy environment, maintaining flexibility to provide lessons and educational materials on relevant subjects while remaining conscious of individual's situations.

Beth Jacob Congregation – Dayton, OH

2010 – 2011

Director of Education

- Spearheaded and managed programs as the Ritual Director, overseeing the development of corresponding educational materials while organizing event planning logistics.
- Developed curriculum, booklets, and singalongs for corresponding events and holiday celebrations, fostering greater engagement and interest in both recurring and new occasions.
- Taught and engaged with a vast age range of participants, raising enthusiasm surrounding events and holidays to successfully bolster substantial member turnout.
- Coached leadership on elevating the experience of participants, augmenting the daily functions and expectations of the organization to cultivate continued success throughout tenure.

Walder Education Pavilion – Chicago, IL

2009 – 2010

Curriculum Developer

- Provided support and strategies to K-12 teachers in the Chicago Area, aiding in curriculum and individual lesson development in a multitude of areas, including Hebrew, Holocaust, Judaic Studies, Math, and Philosophy.
 - Spearheaded the development and distribution of booklets teaching the Hebrew language; additionally, developed curriculum for teaching the Holocaust.
 - Coordinated directly with teachers to identify individualized instruction pain points and provide coaching on strategies and lesson planning.
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PROFESSIONAL DEVELOPMENT

Professional Certified Coach (PCC) – *International Coach Federation (ICF)*

Board Certified Coach (BCC) – *Center for Credentialing and Education (CCE)*

National Board-Certified Health and Wellness Coach (NBC-HWC) – *NBHWC*

Consciously-Digital Coach – *Consciously-Digital (CD)*

Certified Breakthrough Coach – *WBECS Breakthrough Coaching*

Behavior Change Specialist – *American Council on Exercise*

Certified Life Coach – *Institute for Life Coach Training*

Certified Wellness Coach – *HealthWorld*
 Wellness Coach Specialist – *Institute for Life Coach Training*
 Certified Practitioner in Team Coaching – *Global Team Coaching Institute (GTCI)*
 Individual Team Coaching Accreditation – *The European Mentoring and Coaching Council (EMCC)*
 ACE Coach, Accelerating Coach Excellence (ACE)
 12 Driving Forces Certified - *TTI Success Insights*
 DISC Certified - *TTI Success Insights*
 EQ-i 2.0 & EQ-i 360 Certified - *Multi-Health Systems Inc. (MHS)*
 Certified Fitness Trainer, International Sports Sciences Association (ISSA)
 Specialist in Exercise Nutrition, International Sports Sciences Association (ISSA)
 Specialist in Exercise Therapy, International Sports Sciences Association (ISSA)
 Certified in Applied Functional Science – *Gray Institute*
 4th Degree Black Belt – *Dayton Quest Center*

LEADERSHIP & PROFESSIONAL AFFILIATIONS

International Coaching Federation (ICF) Columbus Chapter

President (2019-2020) | Programming Committee (2016-2017) | Director of Programming (2018) | Member

National Board for Health & Wellness Coaching (NBHWC)

Research Commission (2021-Present)

International Coaching Federation (ICF) – Member

American Psychological Association (APA) – Member

PRESENTATIONS

With Pillar – San Francisco, CA <i>Coaching in a Digital Health Setting</i>	2023
National Board for Health & Wellness Coaching (NBHWC) - San Diego, CA <i>Digital Wellness: Are you and your clients digitally well?</i>	2022
ICF COP Health & Wellness- Lexington, KY <i>Digital Wellness: Are you and your clients digitally well?</i>	2021
ICF Columbus Chapter - Columbus, OH <i>Digital Wellness: How Technology Changes Our Habits and Company Culture</i>	2021
Quantum Coaching Method – New York, NY <i>Resilience</i>	2018
Tawasi – Dayton, OH <i>Mindsets & Change</i>	2016
Vice Presidents Monthly Meeting – Columbus, OH <i>Work-Life Balance & Burnout</i>	2015
Rotary Club - Moraine, OH <i>Professional Coaching</i>	2015

ABB - Columbus, OH
Stress Management
Introduction to Wellness

2015

EDUCATION

Doctor of Philosophy (Ph.D.), Psychology: Grand Canyon University
Research Topic: Resilience and Thriving | Emphasis: Performance Psychology

Master of Arts (M.A.), Education: Marygrove College

Bachelor of Arts (B.A.), Hebrew Letters: Landers College