

Natalie Rothman, Ph.D., LMHC, LMFT, CAP, CTP

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Educational Experience

Ph.D. Family Therapy (2020)

Nova Southeastern University, Fort Lauderdale, Florida

SACS/COAMFTE accredited program

M.S. Criminal Justice (2010)

Nova Southeastern University, Fort Lauderdale, Florida

SACS accredited program

M.S. Mental Health (2008)

Nova Southeastern University, Fort Lauderdale, Florida

SACS accredited program

B.A. Psychology (2005)

University of South Florida, Tampa, Florida

Minor in Gerontology

Licensure and Certifications

Licensed Mental Health Counselor (LMHC)

License Number: MH11385

License State: Florida

Certified State Supervisor (MHC/MFT)

Certified Addiction Professional (CAP)

Certification Number: ADC-001661-2014

License State: Florida

Licensed Marriage and Family Therapist (LMFT)

License Number: MT4123

License State: Florida

Certified Telehealth Practitioner (CTP)

Certification Number: 100059

License State: Florida

American Association of Marriage and Family Therapy (AAMFT)

AAMFT Clinical Fellow

AAMFT Approved Supervisor

Higher Education Teaching Experience

Faculty- undergraduate and graduate-level courses

- SFTM 5363 Advanced Equine Assisted Family Therapy (independent study, 3 credit hours)- This course will provide students with an exploration of the self of the therapist through clinical role-plays and theoretical application of MFT theories using hands-on experience working with horses. Students will learn to conduct equine sessions for a range of clinical populations and will engage in innovative equine-assisted interventions and activities through role-plays and demonstrations by faculty and equine staff. The course will incorporate concepts from the family therapy literature, as well as from literature addressing mindfulness and the self of the therapist, to integrate equine-assisted activities with the ongoing development of the therapist's clinical and professional identity. *Nova Southeastern University, Ft. Lauderdale, FL (Winter 2021)*
- SFTM 5400 Internal Practicum (3 credit hours)- This course provides students with the ability to initiate and exhibit the process of therapy as it is conducted at the Brief Therapy Institute and demonstrates competence with required documentation, conduct sessions across the course of a case including case planning and management, formulate theories of the client's presenting problem, design interventions, and explain how these relate to the student's clinical theory, by ethical standards. *Nova Southeastern University, Ft. Lauderdale, FL (Summer 2021)*
- DMFT 6300 External Practicum (3 credit hours)- This course provides advanced clinical training and supervision to enhance the practice of systemic therapy from strength-based, solution-oriented models of therapy that can be incorporated in a wide variety of community settings. Faculty approval is required. *Nova Southeastern University, Ft. Lauderdale, FL (Summer 2021, Fall, 2021)*
- HAWC 2006 Mindfulness and Meditation in Health (3 credit hours)- This course provides students' knowledge and skills in mindful coaching and how to use mindfulness in their practice with clients on issues that include: stress management, decision-making process, work-life balance, enhancing communication, building self-compassion, remaining present, work-life balance, and managing crises. The purpose of this course is to offer the students understanding, tools, and techniques for mindfulness practices, which includes meditative experiences to better assist them in their coaching with clients for improved health. *Nova Southeastern University, Ft. Lauderdale, FL (Winter 2021, Summer 2021, Winter 2022, Summer 2022)*
- DMFT/SFTD/SFTM Introduction to Equine Assisted Family Therapy (3 credit hours)- This course will provide students with an introduction to all aspects of equine-assisted mental health approaches. Beginning with an overview of the rapidly growing Animal Assisted Therapy field, the course will cover in greater depth equine-assisted psychotherapies and equine-assisted learning models, equine-assisted corporate training and team building, therapeutic riding, and hippotherapy programs. Through hands-on experience working with horses, students will be introduced to the Equine Assisted Family Therapy model being developed here at NSU. *Nova Southeastern University, Ft. Lauderdale, FL (Fall 2021, Winter, 2022)*
- SFTD 7410 Clinical Internship (1-3 credit hours) The student's immersion in the nine-month internship experience. Students must enroll for one to three hours of internship credit each semester for nine months and until the 500 client contact hour requirement has been met. *Nova Southeastern University, Ft. Lauderdale, FL (Fall 2021, Winter 2022)*

- DMFT/SFTD/SFTM Military Families (3 credit hours)- This course will prepare the student to work with active military and veterans and their families. The course will cover the military culture as it interacts with the dominant culture and trace the history of cultural conflict between these different ethics. In addition, course material will be presented on PTSD and Acute Stress Disorder as they particularly apply to military situations. The stresses of deployment and reintegration on the spouses and children of military and veterans will also be discussed. The student will become prepared to work in the Department of Veterans Administration and Department of Defense settings after appropriate experience and licensure requirements are met. *Nova Southeastern University, Ft. Lauderdale, FL (Fall 2021)*
- HAWC 3019 Integrative Wellness Approaches (3 credit hours)- This course explores insights into traditional folk and non-Western approaches to health and wellness, as well as key concepts of both osteopathic and allopathic medicine. The student will learn evidence-based best practices gleaned from diverse traditions. *Nova Southeastern University, Ft. Lauderdale, FL (Fall 2021)*
- HDFS 4800 Community Practicum in Human Development and Family Studies(3 credit hours)- *Nova Southeastern University, Ft. Lauderdale, FL (Fall 2021)*
- HAWC 1000 Introduction to Coaching (3 credit hours)- Introduction to Health and Wellness Coaching (HAWC) is designed to introduce students to the field of coaching with an emphasis on the process of becoming a coach. Students will develop and apply the key skills and techniques of coaching to various situations. Students will explore the diverse contexts in which coaches work directly with clients/patients. It establishes a strong foundation in the field of coaching by introducing students to relational communication skills and tools necessary in the collaborative profession of health and wellness coaching. *Nova Southeastern University, Ft. Lauderdale, FL (Winter 2022)*
- SFTD 7410 Clinical Internship (3 credit/1 credit hour)- The student's immersion into the nine-month internship experience. Students must enroll for one to three hours of internship credit each semester for nine months and until the 500 client contact hour requirement has been met. *Nova Southeastern University, Ft. Lauderdale, FL (Winter 2022, Summer 2022)*

Thesis and Dissertation Projects

- Louka, Claire, *Long-term sobriety from opioid use: An interpretive phenomenological analysis* Department of Couple and Family Therapy, Kiran Patel College of Osteopathic Medicine, Nova Southeastern University, dissertation, September 2021, committee member
- Penalva, Cynthia, *The Experiences of Incarcerated Young Men in Equine-Facilitated Psychotherapy: An Interpretive Phenomenological Analysis*, Department of Couple and Family Therapy, Kiran Patel College of Osteopathic Medicine, Nova Southeastern University, dissertation, June 2021, committee member

Practicum Supervisor Assistant – to Arlene Gordon, Ph.D., LMFT, in Practicum (within the graduate Family Therapy program)

Assisted novice therapists in working with clients for the first time through the use of live supervision, case management, and case conceptualization. Discussed and assisted with student

evaluations and administering semester grades. *Nova Southeastern University, Fort Lauderdale, FL (Fall 2012)*

Teaching Assistant- to Shelley Green, Ph.D., LMFT

Assisted in facilitating class barn days by running the activities, processing the experience of the activity with the students, and assisting in activity development. Assisted in syllabus changes due to COVID 19 and structuring the final project. *Nova Southeastern University, Fort Lauderdale, FL (Winter, 2020)*

Professional Work Experience

Assistant Professor

April 2022 to Present

Department of Couple and Family Therapy

Nova Southeastern University

Dr. Kiran C. Patel College of Osteopathic Medicine

3301 College Avenue

Fort Lauderdale, FL 33314

Responsibilities include assisting in the recruitment and admission of students to departments and institutes of the College. Participate in the establishment of academic standards to be met by the students. Instruction in graduate courses. Research, writing, thesis, and dissertation supervision. Practica and field placement supervision. Curriculum oversight. Participation in faculty meetings and on Departmental, College, and University committees. Contribute to continuing education and post-graduate training programs. Timely submission of syllabi to academic administrators. Publications in refereed journals. Authorship of books, texts, book chapters, etc. Publication of other relevant writing. Principal investigator on contracts and/or grants or serving as a consultant. Editor or associate/consulting editor of a journal. Reviewer for a journal. Juried presentations at professional meetings or public forums. Office in a local, state, national or international academic/professional association. Departmental, College, and University services. Community services.

Interim Clinical Director

March 2022 to Present

Brief Therapy Institute and Medical Family Therapy

Department of Couple and Family Therapy

Nova Southeastern University

Dr. Kiran C. Patel College of Osteopathic Medicine

3301 College Avenue

Fort Lauderdale, FL 33314

Responsibilities include managing the affairs of the Department of Couple and Family Therapy clinical facility, the Brief Therapy Institute (BTI), which includes the Medical Family Therapy Clinic (MedFT). Administer BTI's budget, contracts, and grants. Develop, implement, and evaluate BTI's policies and procedures with reference to the universities policies and procedures. Ensure BTI's compliance with procedures and risk management measures. Organize and supervise Family Therapy and MedFT practica and internship opportunities. Supervise students' clinical work in BTI and MedFT. Collaborate with the Department of Osteopathy physicians to provide MedFT services to active patients and offer interprofessional workshops and trainings for students and faculty. Support clinical projects generated by faculty. Develop clinical satisfaction surveys. Develop contract and grant proposals for Family Therapy programs.

Participate in the development and execution of Certification programs originating out of the Department. Assist in meeting regional, state, federal and professional accreditation standards and requirements. Provide support for faculty educational and scholarly activities. Assist in the development and execution of new clinical and community programs for KPCOM NSU. Serve on Department, School, and University committees. Maintain student records regarding clinical and academic work related to BTI. Facilitate student evaluations and feedback. Assist in student recruitment and academic program development. Market the School's clinical services and community projects. Develop policy manuals, brochures, and other clinical publications. Coordinate service activities with other clinical units and collaborate with other NSU departments. Perform other duties as assigned by the Chair/Dean.

Family Therapy Faculty- Instructor

December 2020 to April 2022

Department of Couple and Family Therapy

Nova Southeastern University

Dr. Kiran C. Patel College of Osteopathic Medicine

3301 College Avenue

Fort Lauderdale, FL 33314

Responsibilities include assisting in the recruitment and admission of students to departments and institutes of the College. Participate in the establishment of academic standards to be met by the students. Instruction in graduate courses. Research, writing, thesis, and dissertation supervision. Practica and field placement supervision. Curriculum oversight. Participation in faculty meetings and on Departmental, College, and University committees. Contribute to continuing education and post-graduate training programs. Timely submission of syllabi to academic administrators. Publications in refereed journals. Authorship of books, texts, book chapters, etc. Publication of other relevant writing. Principal investigator on contracts and/or grants or serving as a consultant. Editor or associate/consulting editor of a journal. Reviewer for a journal. Juried presentations at professional meetings or public forums. Office in a local, state, national or international academic/professional association. Departmental, College, and University services. Community services.

Graduate Assistant at the Brief Therapy Institute

July 2012 to September 2014

Department of Family Therapy

Nova Southeastern University

3301 College Avenue

Fort Lauderdale, FL 33314

Responsibilities included managing intakes over the phone using NextGen, and scheduling clients for practicums and independent doctoral students. Assessing and triaging clients to provide them with an appropriate therapist. Creating clinical documents for use in the clinic. Creating marketing power points to present to classes and the surrounding community. Working with students to follow HIPPA policies.

Clinical Work Experience

Licensed Clinical Supervisor

June 2017 to March 2020

Stable Place Inc.

PO Box 30334

Ft. Lauderdale Fl., 33303

Duties Included: Providing weekly supervision for all master's interns as well as doctoral therapists. Reviewing and signing off on all clinical case notes for unlicensed therapists. Consulting with GA and intake coordinator on scheduling and logistical issues to ensure smooth operation of all clinical cases, workshops, and community trainings. Assisting in facilitating interviews for incoming interns. Assisting in decision making regarding which students are offered the internship position. Contacting the applicants regarding the decisions of the interview board. Collaborating with Executive Director, Clinical Director, and GA every year to update SP policies and procedures. Collaborating with community partners to find funding opportunities. Developing group schedules and managing staffing. Answering the SP phone, completing intakes, and scheduling initial private client sessions. Developing and facilitating staff trainings.

Licensed Staff Therapist

September 2014 to June 2017

Stable Place Inc.

PO Box 30334

Ft. Lauderdale Fl., 33303

Duties Included: Providing Equine Assisted Family Therapy to individuals, families, and groups for therapeutic, educational, and team-building purposes. Maintaining client documentation and files, scheduling upcoming sessions with clients, completing session notes within 24 hours, and emailing session notes to participating facility staff. Facilitating pre and post-session/group conversations with the team, collaborating with other staff on developing trainings, and facilitating groups. Participating in SP trainings, assisting at marketing events, and attending staff meetings. Collaborating and corresponding with referral sources when required.

Therapist in Private Practice

January 2013 to Present

Positive Start Counseling Services, Inc.

11440 Okeechobee Blvd

Suite 205B

Royal Palm Beach, Florida 333411

Working with individuals, couples, groups, children, and adult clients from a strength-based, solution-orientated approach. Managing client documentation: psychosocial evaluations, progress notes, treatment plans, and treatment plan updates, collaborating with medical doctors, and corresponding with lawyers through treatment summaries when appropriate. In addition to these responsibilities, I am also the intake coordinator and scheduling department for Positive Start.

In-Home Counselor

January 2008 to August 2009

Camelot Community Care

1925 S Perimeter Rd

Suite #120,

Fort Lauderdale, FL 33309

Duties Included: Completing intake paperwork such as gathering identifiable information, explaining company policy to clients, medical records, and informed consent. Carrying a caseload of 15 clients. Conducting in-home therapy once a week for a period of 2 hours (individual and family). Completing progress notes, developing treatment plans and treatment plan reviews, completing client charts, and contacting case managers, probation officers, and

child advocates. Working with foster parents to engage them in parenting techniques. Attending trainings on strength-based therapeutic techniques and Cognitive Behavioral Therapy. Providing connections for parents and clients with community resources when necessary.

Internship Experience

January 2007 to December 2007

Children's Home Society

**3333 Forest Hill Blvd
West Palm Beach, FL 33406**

Duties Included: Completing intake paperwork such as psychosocial assessments and discharge plans. Administering psychological evaluations. Creating treatment plans. Documentation of all services provided to clients. Running group therapy twice a week for all residential clients. Holding individual and family sessions with clients. Contacting DCF when needed and corresponding with the client's DCF worker to establish the best possible course of action.

Group Facilitator II

July 2005 to April 2008

**Oakwood Center of the Palm Beaches
1041 45th St., WPB, FL, 33407**

Duties Included: Applying basic group facilitation techniques with clients in a therapeutic environment under supervision. Documenting services provided to clients and clients' progress by established procedures and requirements. Providing guidance, monitoring, evaluation, and progress reports related to clients' growth and treatment needs. Providing behavioral modification and guidance directed towards mainstreaming clients into appropriate treatment. Interacting with clients by accepted mental health practices and program guidelines. Working cooperatively as a member of a treatment team.

Professional Affiliations

Member, American Association for Marriage and Family Therapy (AAMFT)

Invited Lectures and Workshops

Akhtarullah, S., Pantaleao, L., Rothman, N., (July 2022) *AIM High 2022- Medical Family Therapy and Health and Wellness Coaching Workshop* for prospective undergraduate students presented on behalf of the Kiran Patel College of Osteopathic Medicine at Nova Southeastern University, Ft. Lauderdale, FL.

Akhtarullah, S., Pantaleao, L., Rothman, N., (September 2021, October 2021) *Early Immersion: KPCOM/Department of CFT, HAWC Program*. Workshop for undergraduate students presented on behalf of the Kiran Patel College of Osteopathic Medicine at Nova Southeastern University, Ft. Lauderdale, FL.

Gordon, A., Akhtarullah, S., Rothman, N., (June 2021, July 2021, July 2022) *AIM High 2021- Medical Family Therapy and Health and Wellness coaching Workshop* for prospective undergraduate students presented on behalf of the Kiran Patel College of Osteopathic Medicine at Nova Southeastern University, Ft. Lauderdale, FL.

- Sickler, C., Rothman, N., Fogel, V., Bibliowicz, V., (December 2020). *Equine Assisted Therapy, Wellness Lessons from the Herd*. Workshop presented for the Kiran Patel College of Osteopathic Medicine faculty at Nova Southeastern University, Ft. Lauderdale, FL.
- Rothman, N., Penalva, C., Fuller, A., McCauley, H. (November 2018). *Equine Assisted Family Therapy: Supervision, Training, and Clinical Work*. CEU workshop presented for the therapists in the community at Stable Place. Davie, FL.
- Green, S., Rothman, N., Fuller, A., McCauley, H. (February 2018). *Equine Assisted Family Therapy: Supervision, Training, and Clinical Work*. CEU workshop presented for the therapists in the community at Stable Place. Davie, FL.
- Green, S., Rothman, N., Penalva, C., Fuller, A., McCauley, H. (February 2017). *Equine Assisted Family Therapy: Supervision, Training, and Clinical Work*. CEU workshop presented for the therapists in the community at Stable Place. Davie, FL.
- Green, S., Rothman, N., Rolleston, M., Schroeder, M. (November 2016) *Equine Assisted Family Therapy: Supervision, Training, and Clinical Work*. CEU workshop presented for therapists in the community in collaboration with the Brief Therapy Institute. Nova Southeastern University, Fort Lauderdale, FL.
- Rothman, N., Rolleston, M., Schroeder, M. (February 2016) *Equine Assisted Family Therapy: Finding solutions within the herd*. Presentation to the attendees of the annual Solution Focused Expo. Marriott Village at Lake Buena Vista, Orlando, FL.
- Green, S., Rothman, N., Rolleston, M., Schroeder, M. (October 2015) *Equine Assisted Family Therapy: Supervision, Training, and Clinical Work*. CEU Workshop presented for therapists in the community in collaboration with the Brief Therapy Institute. Nova Southeastern University, Fort. Lauderdale, FL.
- Rothman, N. (February 2013) *Pets: A therapeutic tool when working with children*. Presentation to the 21st World Family Therapy Congress attendees hosted by the International Family Therapy Association. Orlando, FL.

Workshops and Trainings Attended

- American Association for Marriage and Family Therapy (AAMFT). Virtual (2021, October). Approved Supervisor 6-hour Virtual Refresher Course
- Solution Focused Brief Therapy Association. Virtual (2020, November). SFBTA Online Conference: Main Conference
- AAMFT20: MFTS Changing the World, (2020, November) Virtual Conference and Exhibition.
- Florida Qualified Supervisor Course. Virtual (2019, September).
- Solution-Focused Brief Therapy Association. Santa Fe, New Mexico (2017, November). Annual conference.
- Solution-Focused Expo. Orlando, Florida (2016, February). Annual Solution Focused expo.
- American Association for Marriage and Family Therapy (AAMFT). Austin, Texas (2015, September). Annual conference.
- Solution-Focused Expo. Lakewood, Colorado (2015, February). Annual expo.

The Southeastern Solution Focused 4 Day Summer Intensive. Fort Lauderdale, FL (2014, June). Intensive program.

Solution-Focused Expo. Orlando, Florida (2014, February). Annual expo.

American Association for Marriage and Family Therapy (AAMFT). Portland, Oregon (2013, October). Annual conference.

International Family Therapy Associate (IFTA). Orlando, Florida (2013, February). Annual conference.

American Association for Marriage and Family Therapy (AAMFT). Charlotte, North Carolina (2012, September). Annual conference.

Florida Association for Marriage and Family Therapy (FAMFT). Orlando, Florida (2012, June). Annual conference.

American Counseling Association Convention. Detroit, Michigan (2007, March). Annual conference.

Service

Academic Committees:

- KPCOM Connect, established 2021- Member
- KPCOM Jr Academic Societies- established 2021 Faculty Supervisor
- Internal Review Committee (IRC) for both the DMFT and Ph.D. programs Fall 2021
- BTI Committee

Skills

Proficient in:

- Qualified State Approved Supervisor (MHC, MFT) with the State of FL (2019)
- Microsoft Word
- Excel
- PowerPoint
- NextGen
- GSuite
- Canvas