# Celia Quintas Ph.D. , L.M.H.C., L.M.F.T., M.S., M.Ed., GAL celia.quintas@nova.edu

I have used my extensive clinical experience with diverse populations to assist children, adolescents and adults with history of abuse (neglect, sexual, physical, emotional, and exposure to domestic violence), and its impact, including working with individuals experiencing psychotic, anxiety and mood disorders. My experience includes providing individual, family and group therapy. I also have extensive experience in supervising therapeutic family visitations, with families involved in custody/legal battles. In addition to my trauma-based work, I also work in child welfare, specifically within the child dependency system, assisting children and families in Broward and Miami Dade Counties, in cases ranging from family reunification, history of domestic violence, to termination of parental rights. My role has been to facilitate communication between family members, and improvement in children's and teenagers' behavior in various contexts. My goal has been to establish and enrich dialogic spaces to create collaboration, possibilities for understanding, change, awareness, well-being and more promising relationships. I have also used my experience to teach Family therapists in formation/ training pursuing their Master's and/or Doctoral level.

#### **CLINICAL WORK EXPERIENCE**

January 2019 to present. **Professor Adjunct Dr. Kiran Patel College of Osteopathic Medicine (KPCOM).**Master and Doctoral Program in Couples and Family Therapy **Nova Southeastern University**, Davie, FL

November 2015 to present. **Psychotherapist** 

## Ohana Therapy Center, Davie, FL

Working with couples and families experiencing relational problems; providing assessment as well therapeutic sessions, supervised and therapeutic visitations for Dependency, Domestic Violence and Family Court cases. Children & teenagers, victims of trauma and abuse including domestic violence and school related issues, feelings of depression, anxiety and adjustment disorders. I have assisted Institutions in the community (Family Resource Center in Miami-Dade and ChildNet in Broward with complex cases involving families and the legal system.)

## Jan 2008 to 2012. Psychotherapist

### Hollywood Pavilion Hospital, Hollywood, FL

Developed and implemented group therapy program for adults diagnosed with severe/chronic mental illnesses, including victims of severe trauma, abuse, neglect & domestic violence.

## March 2007 to June 2011. Psychotherapist

Private Practice, Pembroke Pines, FL

Worked with couples and adults experiencing relational problems, feelings of depression, anxiety and adjustment disorders.

### July 2006 to Dec 2007. Clinical intern

### Brief Therapy Institute, Davie, FL

Worked with adolescents and adults experiencing abuse, increased anxiety level, depressive episodes, and adjustment disorders

# Sept 2004 to March 2007. Psychotherapist

# Bayview Center for Mental Health, Davie, FL

Attended population presenting with psychotic, mood and anxiety disorders; provided therapeutic support for individuals with various medical conditions including diagnosis of cancer, fibromyalgia, and diabetes, etc.)

July 2003 to June 2004. **Practicum student** 

Nova Community Mental Health Clinic, Davie, FL

Treated patients with increased anxiety level, depressive episodes and adjustment disorders.

### **EDUCATION:**

- 2014 Houston Galveston Institute, Houston, TX
  Clinical Supervisor in Collaborative Practices
- 2012 Nova Southeastern University, Fort Lauderdale, FL
  Ph.D. Marriage and Family Therapy
- 2004 Nova Southeastern University, Fort Lauderdale, FL
  Master's Degree in Mental Health Counseling
- 1998 Nova Southeastern University, Fort Lauderdale, FL
  Master's Degree in Education

### **LANGUAGES:**

Fluent in English, Portuguese, Spanish, Italian and French.

### **LICENSES AND AFFILIATIONS:**

- Certified Clinical Trauma Professional
- Certified Child Trauma Professional
- Licensed by the State of FL as a Mental Health Counselor-MHC
- Licensed by the State of FL as a Marriage and Family Therapist-MFT
- Qualified Supervisor by the state of FL for <u>MFTs and MHCs</u>
- Taos Institute Associate Member <u>www.taosinstitute.net</u>

#### **PUBLICATIONS**:

- Article Collaborative Group Therapy and Social Constructionism
  published by Journal of New Systemic Perspective Sao Paulo, Brazil 2015
- Author of the book *Ohana and the Creation of a Therapeutic Community* published by World ShareBooks 2013 www.taosinstitute.net-worldsharebooks
- Article Reclaiming Ourselves and Recreating Each Other in Collaborative Conversations published by Journal of Peace and Conflict Resolution-2013

### **PRESENTATIONS**

- June 26-28, 2014. Invited to present at the Beyond the Therapeutic State:
  Collaborative Practices for Individual and Social Change Conference,
  Buskerud and Vestfold University College; Drammen, Norway
- June/Sept 2014. Invited to present to Master's students from the Social Humanities and Social Sciences Department at Nova Southeastern University
- November 14-17, 2012. Invited to present at the conference Relational Practices in Peacebuilding, Mediation and Conflict Transformation: From the Intimate to the International in San Diego, CA.